

# Elite Chiropractic & Wellness

2318 St Andrews Blvd - Panama City, Florida 32405 Office: (850)704-0008 Fax (850) 250-2582

## CHIROPRACTIC PATIENT HISTORY

First Name \_\_\_\_\_ Last Name: \_\_\_\_\_ Prefers to be Called \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Email Address: \_\_\_\_\_  
Address: \_\_\_\_\_ Apt # \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_ (Cell) \_\_\_\_\_  
Spouse's Name & Occupation \_\_\_\_\_ (Cell) \_\_\_\_\_  
Your Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_  
Employer Address: \_\_\_\_\_  
Insurance Company \_\_\_\_\_ Policy Number: \_\_\_\_\_  
Emergency Contact Name and Phone Number: \_\_\_\_\_  
Whom may we thank for referring you to our office? \_\_\_\_\_

### WHAT BRINGS YOU TO OUR OFFICE?

#### FIRST COMPLAINT: \_\_\_\_\_

- Date when symptom first appeared: \_\_\_\_\_
- Did it begin: Gradual: \_\_\_\_\_ Sudden: \_\_\_\_\_ Progressive over time: \_\_\_\_\_
- What makes the symptoms worsen? \_\_\_\_\_
- What makes the symptoms feel better? \_\_\_\_\_
- Type of Pain? Sharp \_\_\_\_\_ Dull \_\_\_\_\_ Ache \_\_\_\_\_ Burn \_\_\_\_\_ Throb \_\_\_\_\_ Other \_\_\_\_\_
- Does the Pain Radiate? Y or N if so where: Into your Arm R or L \_\_\_\_\_ Leg R or L \_\_\_\_\_ Other \_\_\_\_\_
- Do you experience Numbness or Tingling? \_\_\_\_\_ Y \_\_\_\_\_ N
- How often do you experience these symptoms? 100% \_\_\_\_\_ 75% \_\_\_\_\_ 50% \_\_\_\_\_ 25% \_\_\_\_\_ 10% \_\_\_\_\_
- PAIN INTENSITY: From 1 (Least) to 10 (worst): Right Now \_\_\_\_\_ At Best \_\_\_\_\_ At Worst \_\_\_\_\_
- Are there any conditions or symptoms you have that may relate to your major symptom? \_\_\_\_\_

What Activities of Daily Living make the problem worse? Sitting \_\_\_ Standing \_\_\_ Bending \_\_\_ Coughing \_\_\_  
Lying down \_\_\_ Walking \_\_\_ Sneezing \_\_\_ Getting Dressed \_\_\_ Exercising \_\_\_ Sexual Activities \_\_\_  
Other ( Please Explain) \_\_\_\_\_

#### OTHER COMPLAINT: \_\_\_\_\_

- Date when symptom first appeared: \_\_\_\_\_
- Did it begin: Gradual: \_\_\_\_\_ Sudden: \_\_\_\_\_ Progressive over time: \_\_\_\_\_
- What makes the symptoms worsen? \_\_\_\_\_
- What relieves the symptoms feel better? \_\_\_\_\_
- Type of Pain? Sharp \_\_\_\_\_ Dull \_\_\_\_\_ Ache \_\_\_\_\_ Burn \_\_\_\_\_ Throb \_\_\_\_\_ Other \_\_\_\_\_
- Does the Pain Radiate? Y or N if so where? Into your Arm R of L \_\_\_\_\_ Leg R or L \_\_\_\_\_ Other \_\_\_\_\_
- Do you experience Numbness or Tingling? \_\_\_\_\_ Y \_\_\_\_\_ N
- How often do you experience these symptoms? 100% \_\_\_\_\_ 75% \_\_\_\_\_ 50% \_\_\_\_\_ 25% \_\_\_\_\_ 10% \_\_\_\_\_
- PAIN INTENSITY: From 1 (Least) to 10 (worst): Right Now \_\_\_\_\_ At Best \_\_\_\_\_ At Worst \_\_\_\_\_

What Activities of Daily Living make this problem worse? Sitting \_\_\_ Standing \_\_\_ Bending \_\_\_ Coughing \_\_\_  
Lying down \_\_\_ Walking \_\_\_ Sneezing \_\_\_ Getting Dressed \_\_\_ Exercising \_\_\_ Sexual Activities \_\_\_  
Other \_\_\_\_\_

PATIENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**PLEASE UNDERLINE ALL OF THE FOLLOWING SYMPTOMS WHICH YOU HAVE NOW**

**GENERAL SYMPTOMS**

Headache  
 Fever  
 Chills  
 Sweating  
 Fainting  
 Dizziness  
 Convulsions  
 Loss of Sleep  
 Fatigue  
 Nervousness  
 Loss of Weight  
 Numbness or Pain in  
 Arms, Hands, Legs  
 Allergy  
 Wheezing  
 Neuralgia

**GASTROINTESTINAL SYMPT.**

Poor Appetite  
 Difficult Digestion  
 Excessive Hunger  
 Belching of Gas  
 Nausea  
 Vomiting  
 Vomiting of Blood  
 Pain Over Stomach  
 Distention of Abdomen  
 Constipation  
 Diarrhea  
 Colon Trouble  
 Hemorrhoids (Piles)  
 Intestinal Worms  
 Liver Trouble  
 Gall Bladder Trouble  
 Jaundice  
 Colitis

**E.E.N.T.**

Failing Vision  
 Nearsightedness  
 Farsightedness  
 Crossed Eyes  
 Eye Pains  
 Deafness  
 Earache  
 Noises  
 Ear Discharge  
 Nose Bleeds  
 Nasal Obstruction  
 Sore Throat  
 Hoarseness  
 Hay Fever  
 Asthma  
 Dental Decay  
 Gum Trouble  
 Frequent Colds  
 Enlarged Thyroid  
 Nasal Drainage  
 Tonsillitis  
 Sinus Infection  
 Enlarged Glands

**DESIRED WEIGHT:** (Significantly Below, Below, Good, Over, Significantly Over)

**Struggled Weight Patterns:** (Most of life, last 10 years, Last 5 years, Within last year)

**Moderate to significant Mental Health or Relational Stresses** (Yes or No)

**CARDIO-VASCULAR**

Rapid Beating Heart  
 Slow Beating Heart  
 High Blood Pressure  
 Low Blood Pressure  
 Pain Over Heart  
 Previous Heart Attack  
 Hardening of Arteries  
 Swelling of Ankles  
 Poor Circulation  
 Previous Stroke

**MUSCLE & JOINT SYMPT.**

Neck Pain  
 Low Back Pain  
 Swollen Joints  
 Tremors  
 Foot Trouble  
 Painful Tail Bone  
 Hernia  
 Spinal Curvature  
 Poor Posture

**RESPIRATORY**

Chronic Cough  
 Spitting up Phlegm  
 Spitting up Blood  
 Chest Pain  
 Difficult Breathing

**GENITOURINARY SYMPT.**

Frequent Urination  
 Painful Urination  
 Bloody Urine  
 Pus in Urine  
 Kidney Infection or Stones  
 Bed Wetting  
 Inability to Control Urine  
 Prostate Trouble

**SKIN**

Skin EruptionsPainful  
 Itching  
 Bruising  
 Dryness  
 Boils  
 Varicose Veins  
 Sensitive Skin  
 Hives or Allergy

**FOR WOMEN ONLY**

Painful Menstrual Periods  
 Vaginal Discharge  
 Excessive Flow  
 Hot Flashes  
 Irregular Cycle  
 Cramps or Backache  
 Previous Miscarriage  
 Vaginal Discharge  
 Congested Breast  
 Lumps in Breast  
 Menopausal Symptoms  
**ANY CHANCE OF YOU  
 BEING PREGNANT?**  
 YES \_\_\_\_\_ NO \_\_\_\_\_

PATIENT SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

# PATIENT HISTORY

## Please list all previous treatments for this condition:

Name of treating physician: \_\_\_\_\_ Date of treatment: \_\_\_\_\_  
Type of treatment or Drugs Prescribed \_\_\_\_\_

Name of treating physician: \_\_\_\_\_ Date of treatment: \_\_\_\_\_  
Type of treatment or Drugs Prescribed \_\_\_\_\_

## Please list all past surgeries:

Type \_\_\_\_\_ When \_\_\_\_\_ Doctor \_\_\_\_\_

Type \_\_\_\_\_ When \_\_\_\_\_ Doctor \_\_\_\_\_

Type \_\_\_\_\_ When \_\_\_\_\_ Doctor \_\_\_\_\_

Type \_\_\_\_\_ When \_\_\_\_\_ Doctor \_\_\_\_\_

## Please list all previous accidents and falls:

What \_\_\_\_\_ When \_\_\_\_\_

What \_\_\_\_\_ When \_\_\_\_\_

What \_\_\_\_\_ When \_\_\_\_\_

What \_\_\_\_\_ When \_\_\_\_\_

## Please list any medications or vitamins you are currently taking:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

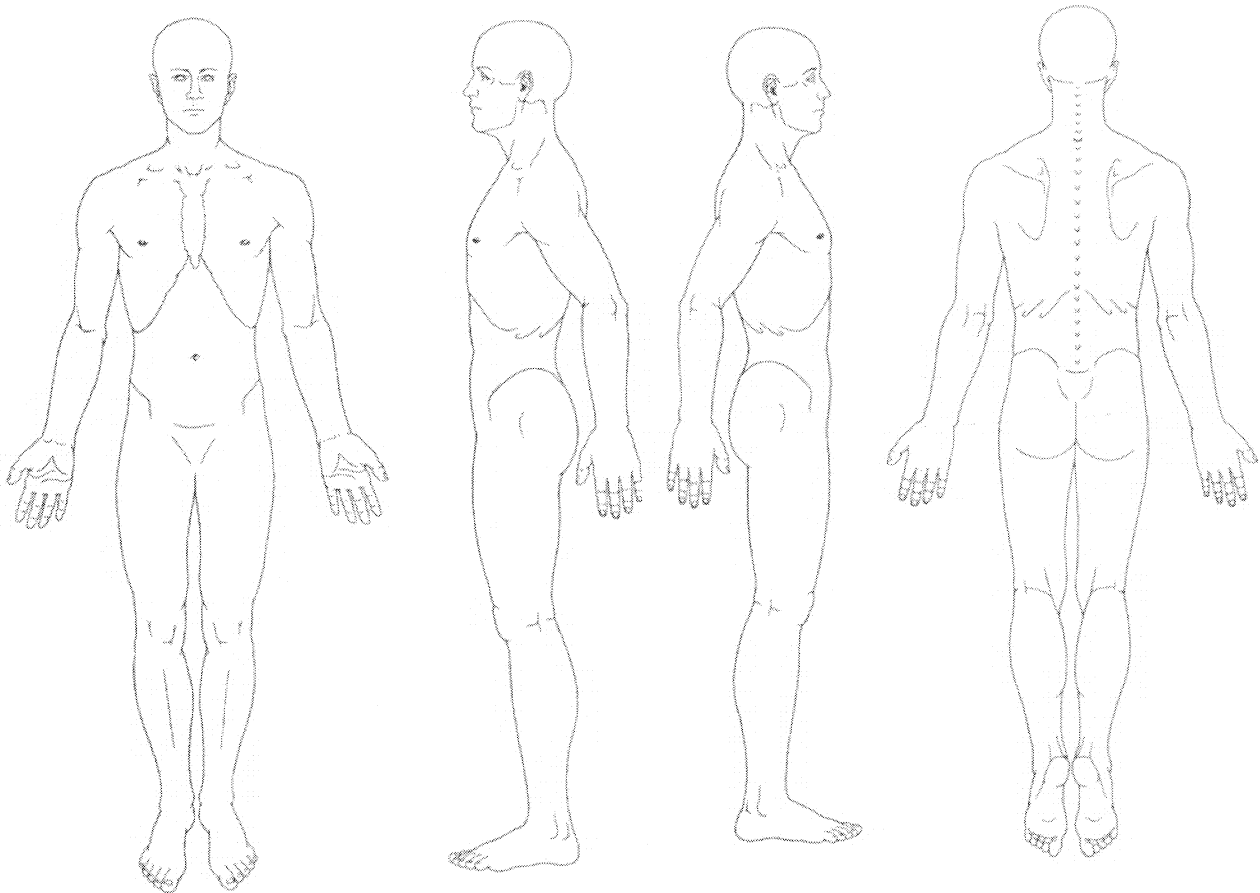
*Please do not write in this section.*

**DOCTORS NOTES:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

PATIENT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

# PATIENT HISTORY

## PAIN LOCATION



**Please mark off the areas of your complaint on the diagram above.  
Please use the following symbols on the pain diagram to accurately describe  
your condition.**

- |            |                                      |
|------------|--------------------------------------|
| <b>PPP</b> | <b>Where you experience Pain</b>     |
| <b>NNN</b> | <b>Where you experience Numbness</b> |
| <b>TTT</b> | <b>Where you experience Tingling</b> |
| <b>BBB</b> | <b>Where you experience Burning</b>  |
| <b>CCC</b> | <b>Where you experience Cramping</b> |

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# ELITE CHIROPRACTIC & WELLNESS

## Release Of Records / Payment Agreement And Assignment Of Benefits

*Patient to sign prior to any medical treatment to be performed*

Patient: \_\_\_\_\_ Date: \_\_\_\_\_

**I hereby authorize:** Elite Chiropractic & Wellness, my Health Care Provider/Facility, **to release any and all medical information** to the above named insurance carrier(s), or to my designated attorney, now or in the future, and/or to my physician(s), if necessary, for the purposes of payment of my medically related outstanding debts, administration and evaluation, utilization review and financial audit. This authorization remains valid and effective from the date of this signing until revoked in writing, to both my insurance carrier and to this provider of services. This authorization is given pursuant to Florida Statute 456.057 and HIPAA regulations. I understand that Florida Statute 456.057 (10) makes clear that any third party to whom records are disclosed is prohibited from further disclosing any information in the medical records are without the expressed written consent of the patient or the patient's legal representatives.

**Payment Agreement:** All charges are due at the time of service, unless other arrangements have been made in advance. All professional services rendered are charged to the patient and the patient is responsible for all fees, regardless of insurance coverage. I understand I am responsible to the above -mentioned facility/provider, for charges not covered by this assignment, including deductibles & co-payment requirements by my insurance policy or certificate. I further agree that in the event of non-payment, I will bear the expenses of collection and /or court costs, and reasonable legal fees, should this be required. I understand if my commercial insurance has not paid the bill within 60 days of my visit(s), for my services received by my provider /facility, I am responsible, and I will then make whatever arrangements are necessary & available to me to pay all unpaid charges.

**Assignment of Benefits:** I hereby assign to Elite Chiropractic & Wellness, my health Care Provider /Facility, all money to which I am entitled for medically related expenses, received at, or through the above mentioned facility. The payment shall not exceed my indebtedness. Any payment that facility/health care provider, received by the insurance company, beyond my indebtedness shall be refunded to me, when my outstanding bill(s) with them are paid.

I understand I may request a copy of any or all of my medical records for a reasonable fee or a fee allowed by State Statute or Workers' Compensation Statute. Any copy of this document shall be as valid as if it were the original. I have read the above authorization to release medical records, assignment of benefits, and payment agreement, and hereby acknowledge that I understand it. The payment agreement portion of this instrument may not be revoked in writing or otherwise.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_



### **Consent for Purposes of Treatment, Payment, and Healthcare Operations**

I acknowledge that the Chiropractic Office of Elite Chiropractic & Wellness' "Notice of Privacy Practices" is available to me upon request.

I understand I have a right to review the Chiropractic Office of Elite Chiropractic & Wellness' "Notice of Privacy Practices" prior to signing this document. The "Notice of Privacy Practices" describes the types of uses and disclosures of my protected health information that will occur in my treatment, payment of my bills, or in the performance of health care operations, and describes my rights and the duties of the Chiropractic Offices of Elite Chiropractic & Wellness, with respect to my protected health information. This policy is also provided on request at the main administration desk of the practice.

The Chiropractic Office of Elite Chiropractic & Wellness reserves the right to change the privacy practices that are described in the Notice of Privacy Practices. I may obtain a revised notice of privacy practices by calling the office and requesting a revised copy be sent in the mail or asking for one at the time of my next appointment.

\_\_\_\_\_  
Signature of Patient or Personal Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of Patient

\_\_\_\_\_  
Description of Personal Representative's Authority



## Informed Consent

### **Informed Consent To Chiropractic Examination, Diagnostic Procedures, Chiropractic Adjustments and Care**

I hereby request and consent to the performance of: physical examinations and evaluations required to be performed to diagnose my condition(s), of chiropractic adjustments and other chiropractic procedures, including various modes of physical medicine, any associated nutrition supplements, home healthcare products, on me (or on the patient named below for whom I am legally responsible) by or under the supervision of the doctor of chiropractic named below and/or other licensed doctors of chiropractic: who now or in the future treat me while employed by **Elite Chiropractic & Wellness**, working, or associated with, or serving as back-up for the doctor of chiropractic named below, including those working at any of the listed **Elite Chiropractic & Wellness**.

I have had an opportunity to discuss with the doctor of chiropractic named below and/or with other office or clinic personnel, the nature and purpose chiropractic adjustments and other procedures as well as home healthcare products and nutrition supplementation, I understand that results are not guaranteed.

I understand and am informed that, as in the practice of medicine, in the practice of chiropractic there are some risks to treatment, including, but not limited to, fracture, disc injuries, strokes, dislocations, sprains, swelling and bruising. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise judgement during the course of the procedure which the doctor feels at the time, based upon the facts then known, what is in my best interests.

I have read, or had read to me, the above consent. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition(s) and for any future condition(s) for which I seek treatment at **Elite Chiropractic & Wellness**.

**Initial Treatment Schedule:** \_\_\_\_\_

**ROF Doctor Signature** \_\_\_\_\_

**To be completed by patient:**

**To be completed by patient's representative, if necessary, e.g., if patient is a minor or disabled**

\_\_\_\_\_  
**Print Patient's Name**

**Patient Name:** \_\_\_\_\_

\_\_\_\_\_  
**Signature of Patient**

**Representative Name:** \_\_\_\_\_

**Signature of Representative:** \_\_\_\_\_

\_\_\_\_\_  
**Date**

**Confidential Patient Health**

**Patient** \_\_\_\_\_

**File #** \_\_\_\_\_

**Date** \_\_\_\_\_